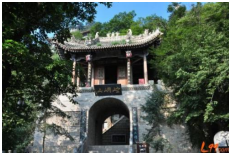



Date	City	Itinerary	Hotel
13 Apr Sat	Beijing 	Arrive Beijing in the morning. Meet and transfer to hotel . City tour in the afternoon: Temple of Heaven, practice of Taiji in the park. (L,D)	H u a b i n International Hotel or similar
14 Apr Sun	Beijing 	If possible, meet with BPAFF. City tour in the afternoon: Tiananmen Square, Forbidden City. (B, L,D)	H u a b i n International Hotel or similar
15 Apr Mon	Beijing - Tianshui	Take bullet train G427 (06:20/12:57) To Tianshui. Arrival transfer and rest in the afternoon. (B, L,D)	T i a n s h u i Huatian Hotel or similar
16 Apr Tue	Tianshui 	Visit Moutain Guatai, Moutain Maiji. (B, L,D)	T i a n s h u i Huatian Hotel or similar
17 Apr Wed	Tianshui 	Visit Fuxi Temple and city tour. (B, L,D)	T i a n s h u i Huatian Hotel or similar
18 Apr Thu	Tianshui 	Learn and exchange of Daoist Culture (B, L,D)	T i a n s h u i Huatian Hotel or similar
19 Apr Fri	Tianshui - Pingliang 	Drive to Pingliang Area (230 km, around 5.5 hours driving). Visit Mountain Kongdong (B, L,D)	P i n g l i a n g Huachen Hotel or similar

20 Apr Sat	Pingliang 	Learn and exchange of Daoist Culture, Taiji practice with local master. (B, L,D)	P i n g l i a n g Huachen Hotel or similar
21 Apr Sun	Pingliang - Xian 	Drive to Xian (300 km, around 5 hours driving). On the way, visit the famous Daoist Temple: Qinghua Temple. (B, L,D)	X i a n L a n x i Hotel or similar
22 Apr Mon	Xian - Chengdu 	Take bullet train from Xian to Chengdu. Visit Terra-cotta Warriors Musuem. Take bullet train to Chengdu in the evening by G1281(17:42 - 21:36). (B, L,D)	Yinhe Dynasty Hotel or similar
23 Apr Tue	Chengdu 	Visit the Giant Panda Garden, Qingyang Temple (The most famous Daoist temple in Sichuan Area). Local shopping street. Or practise Taiji with the local people at the local park. (B, L,D)	Yinhe Dynasty Hotel or similar
24 Apr Wed	Chengdu - Mt.Qingcheng 	Drive To Mt. Qingcheng (1.5 hours driving). Walk up the half of the mountain Tianshi Cave. Joining the Daoist class at the Tianshi Cave. (16:30 - 17:00) (B, L,D)	Hotel at Mt. Qingcheng Tianshi Cave
25 Apr Thu	Mt. Qingcheng 	Joining the morning class at the Tianshi Cave (05:30 - 06:00). Talk and exchange with the Daoist master at the temple with Taiji or Daoist culture. After lunch walk up the the top of Mt. Qingcheng (1 hour). Joining the evening class at Shangqing Temple. Stay at the Shangqing Temple on the top of the mountain. (B, L,D)	H o t e l a t S h a n g q i n g Temple
26 Apr Fri	Mr. Qingcheng - Chengdu 	Join the morning class (09:00 - 10:00). Practise Taiji with the Daoist master. After lunch take cable car down to the bottom of the mountain. Take bus back to Chengdu. (B, L,D)	Yinhe Dynasty Hotel or similar

27 Apr Sat	Chengdu 	Morning practice in bamboo park. Master Li and daughter. Free at leisure (B)	Yinhe Dynasty Hotel or similar
28 Apr Sun	Chengdu- home	Transfer to airport for homeward flight. (B)	